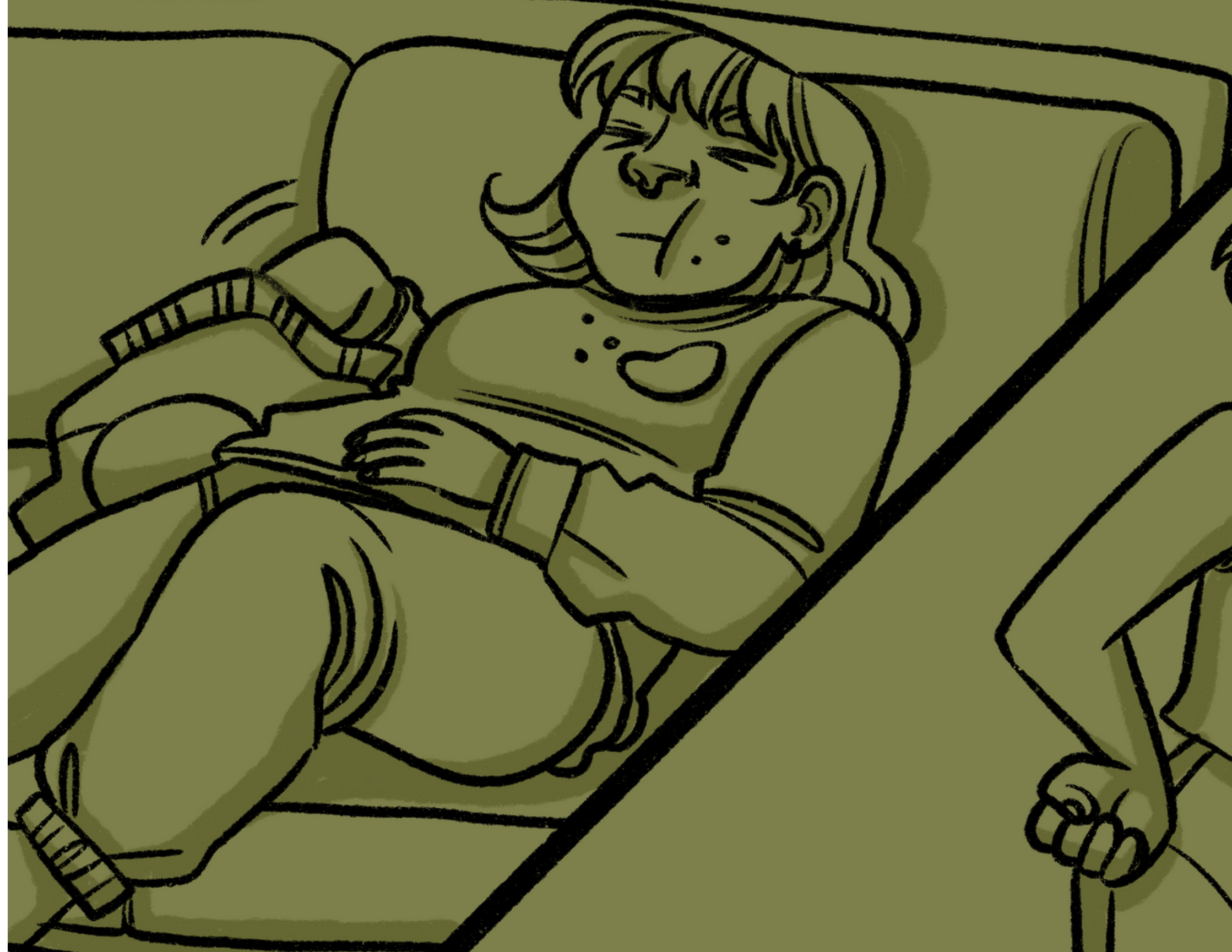


flow



You know the phrase "you are what you eat."

Like, if you eat junk you're gonna feel like junk...



...And if you eat healthy fuel you will feel like a well-oiled machine.

This doesn't just apply to food,
though.



It also applies to the [media]



that you CONSUME.

Even if you think
it doesn't affect
you, it does.

BANG
BANG

AAHH!!

SQUELCH

AUGHHH



It can seep into your brain, and
touch the way you think.





BANG

Even into the way
you dream.

AH

Pay attention to
the things you
consume. It shapes
you more than
you'd think.

