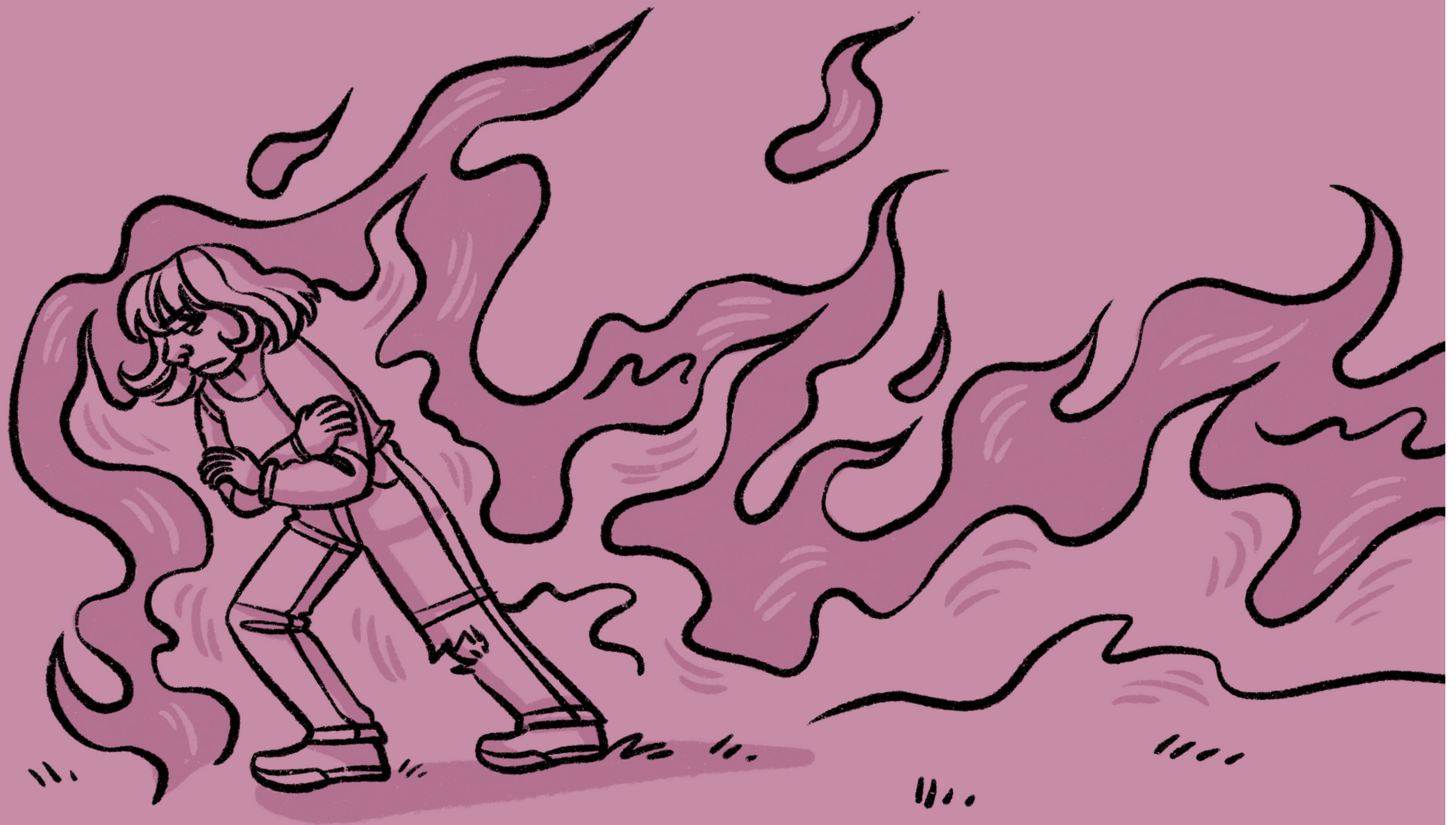


flow



When you're going through it,
it's easy to feel like a wildfire,
destroying everything in your path.

You're burning alive, and you want
everything and everyone else to burn with you.



And you hate yourself for it.



The people you love & trust can see
what's happening, & they want
to help.



But when they try, you burn them
for it.





(And in these moments, you hate yourself the most.)

(They're your friends, and they're just trying to help. Why did you hurt them?)



(Why can't you stop hurting everyone, including yourself?)

It's a tough cycle to break, but
sometimes it gives you the wake-up
call that you really need...





...To finally put the fire out.