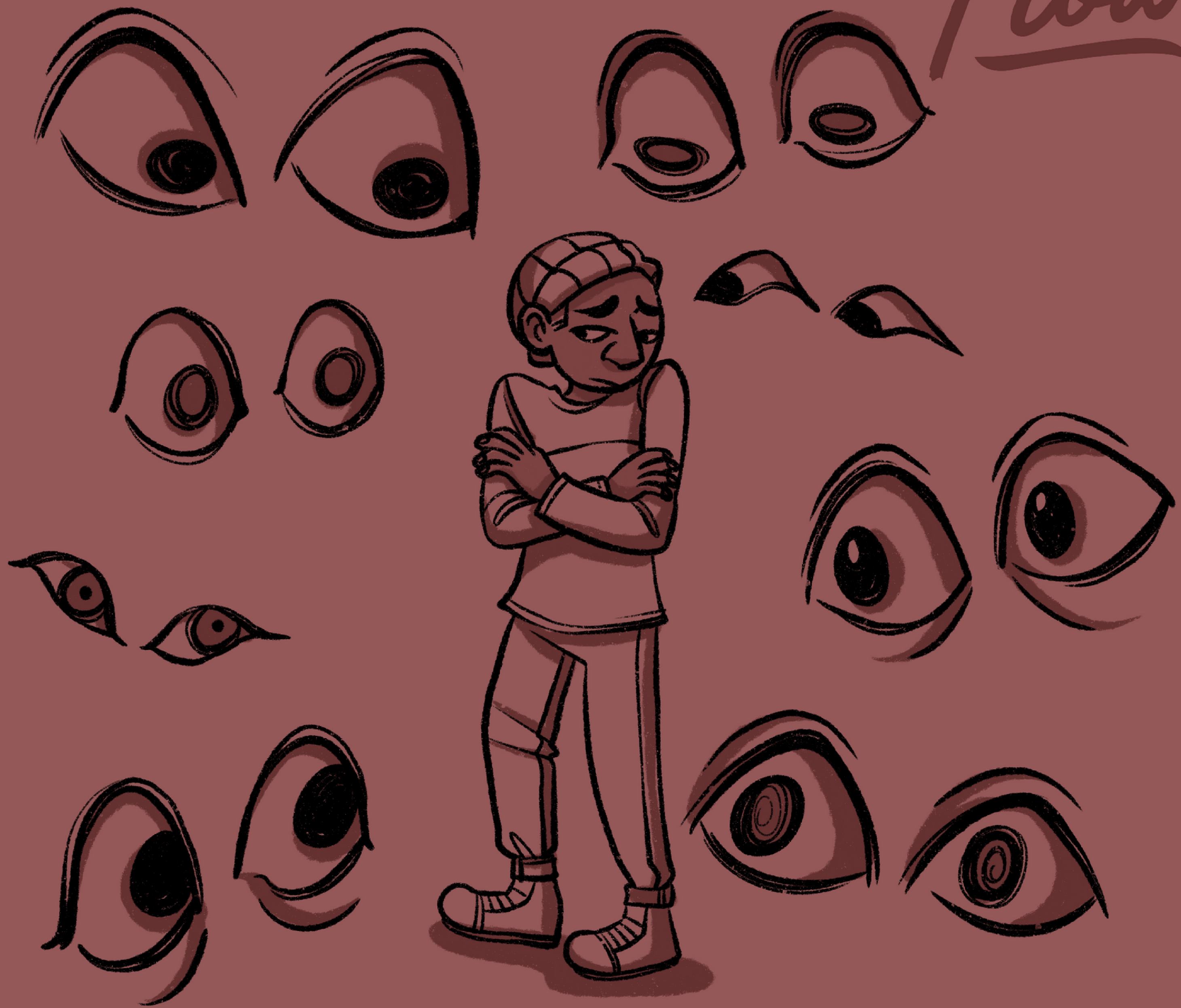


flow



Y'know those days where it feels like
all eyes are on you?

Maybe you've
broken out,



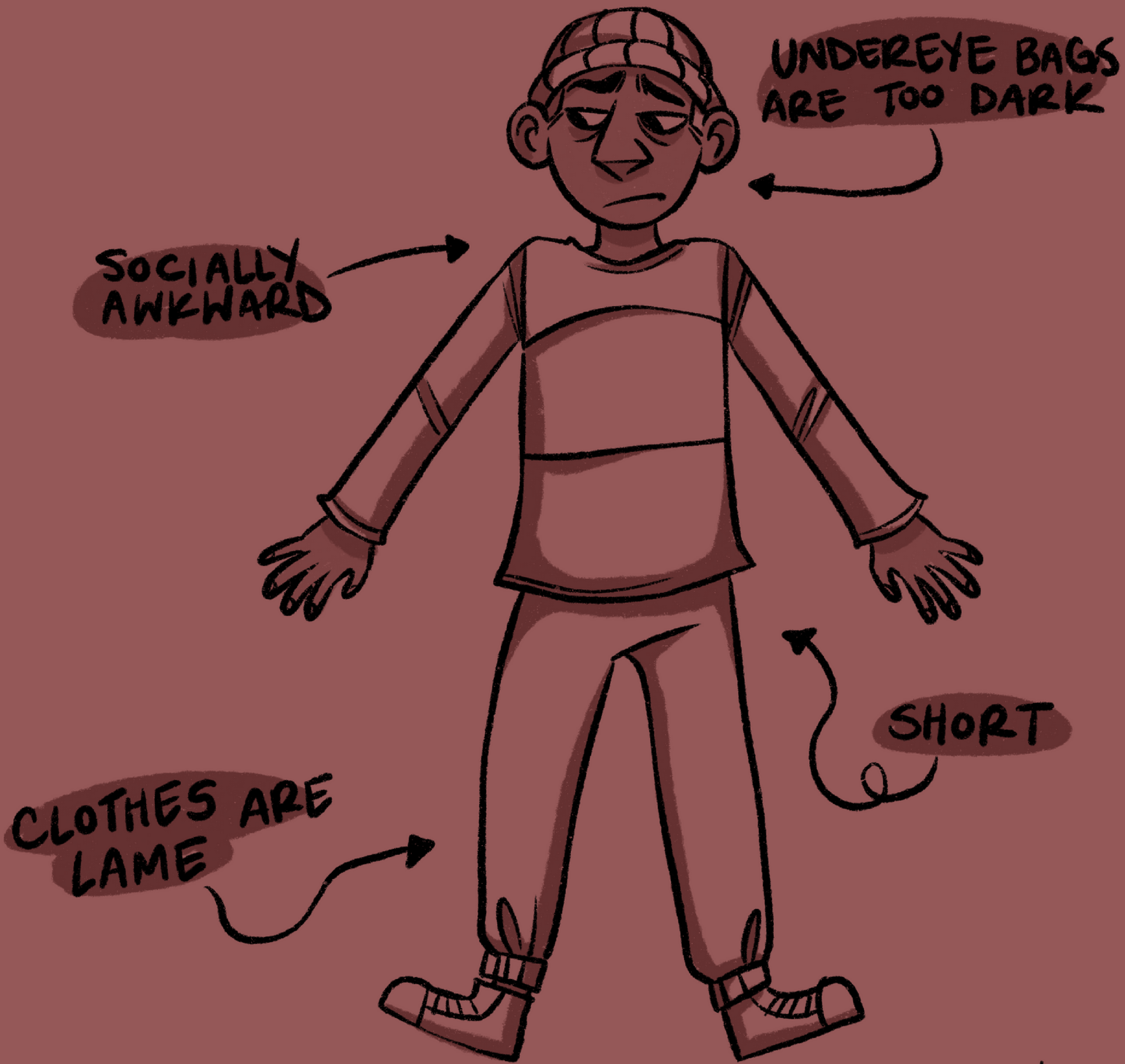
or your "cool"
clothes are in
the laundry,

Or you just feel so
uncomfortable in
your own skin.



You walk into a room and can't help but feel like there's a giant spotlight on you.





(You and specifically everything that's "wrong" with you)

The best way to set yourself
free from that spotlight is



to give yourself permission to realize...

...that no one is paying
you that much attention.



They're all trapped in their own spotlights,
focused on their own junk.



And realizing that is a true
freedom.