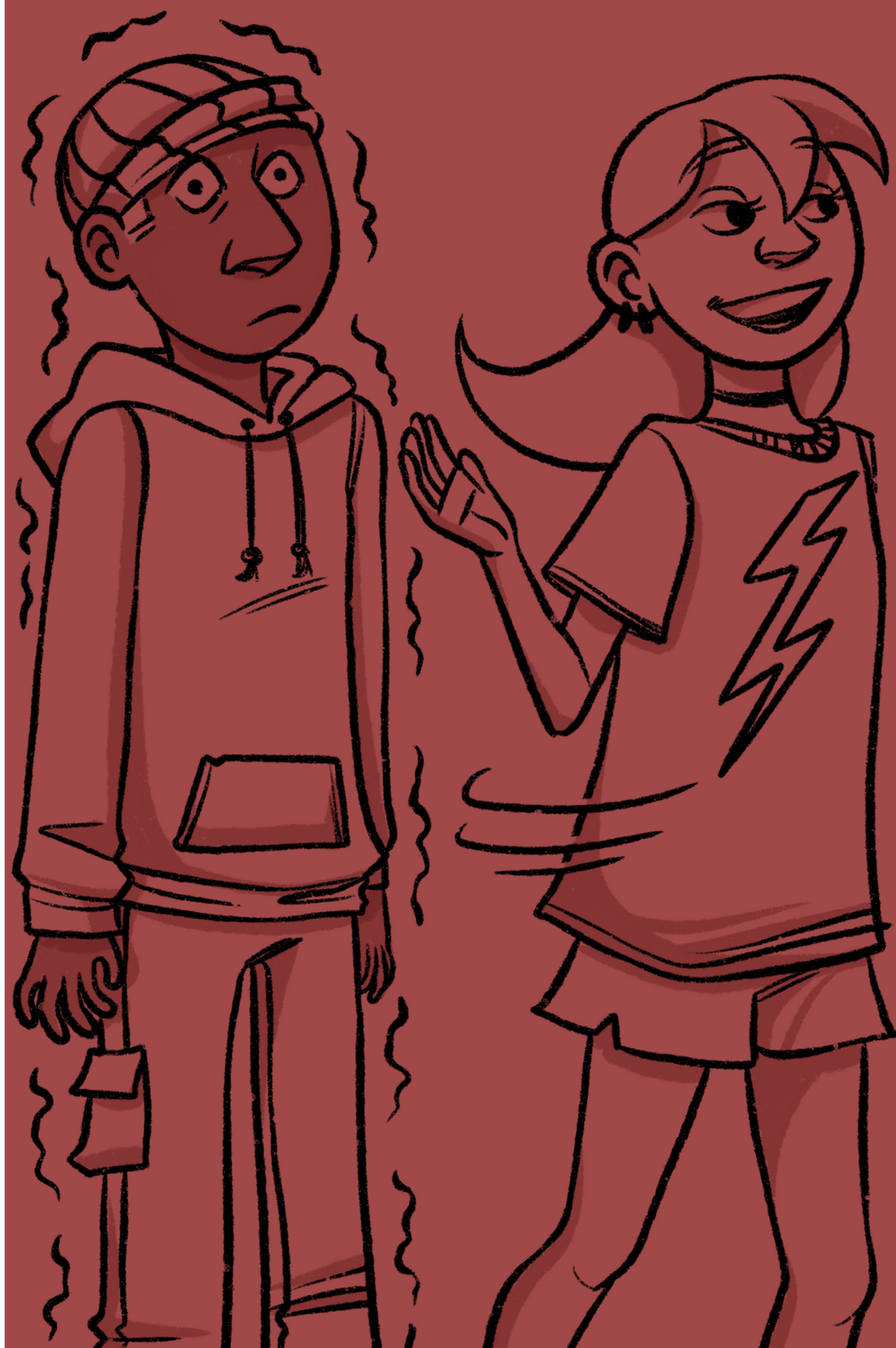


flow

"Are they mad at
me ???"

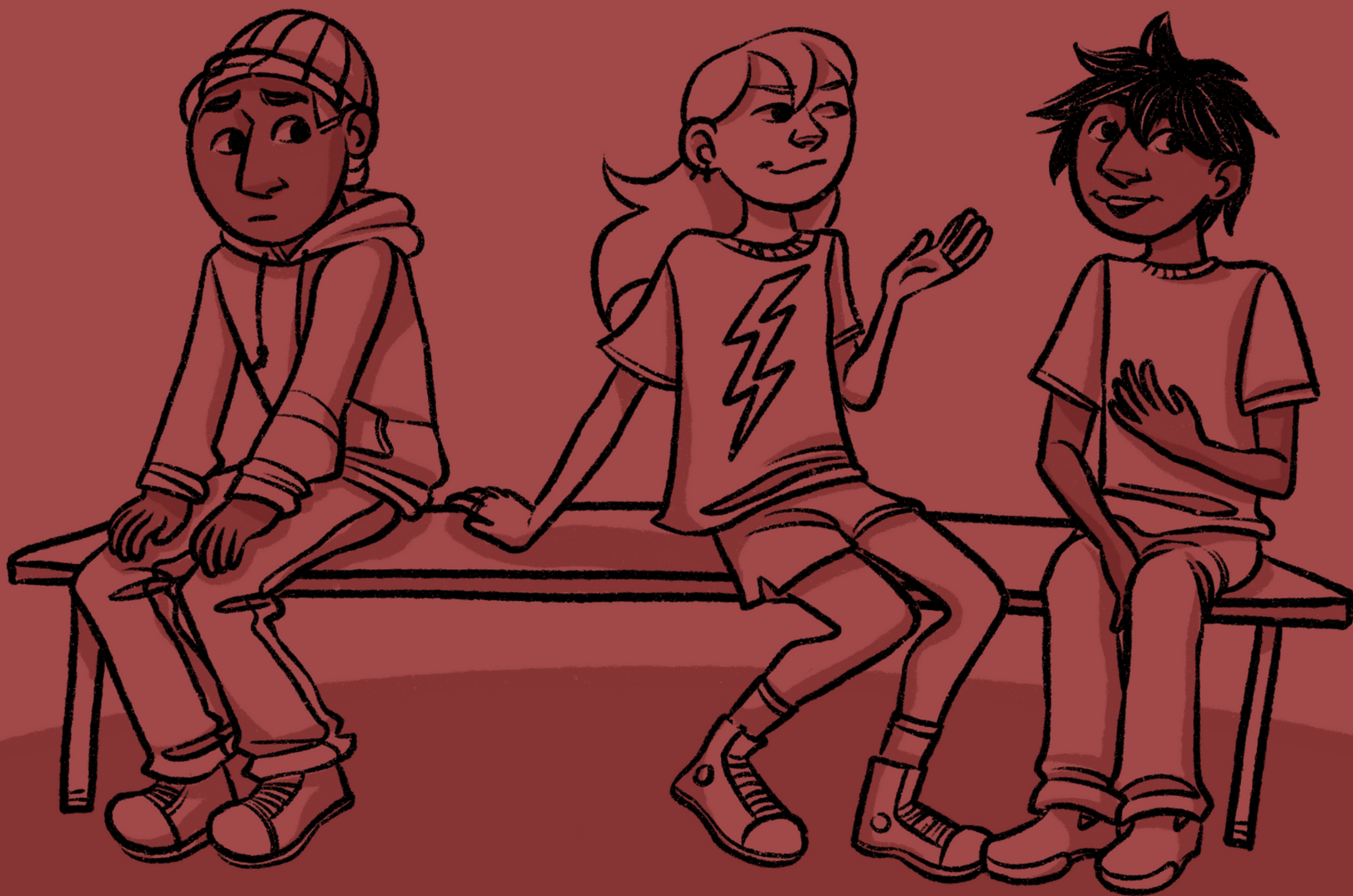




Sometimes your friends will do or say something off-handedly that will throw off your whole day.

THAT'S SO LIKE YOU, ANGEL.

You get stuck in your own head, unable to enjoy the moment. You wonder if you did something to upset them.



You'll try, almost unconsciously, to make it up to them. To somehow resolve the conflict that you've decided is there.

WHAT IS THIS FOR?

UH...

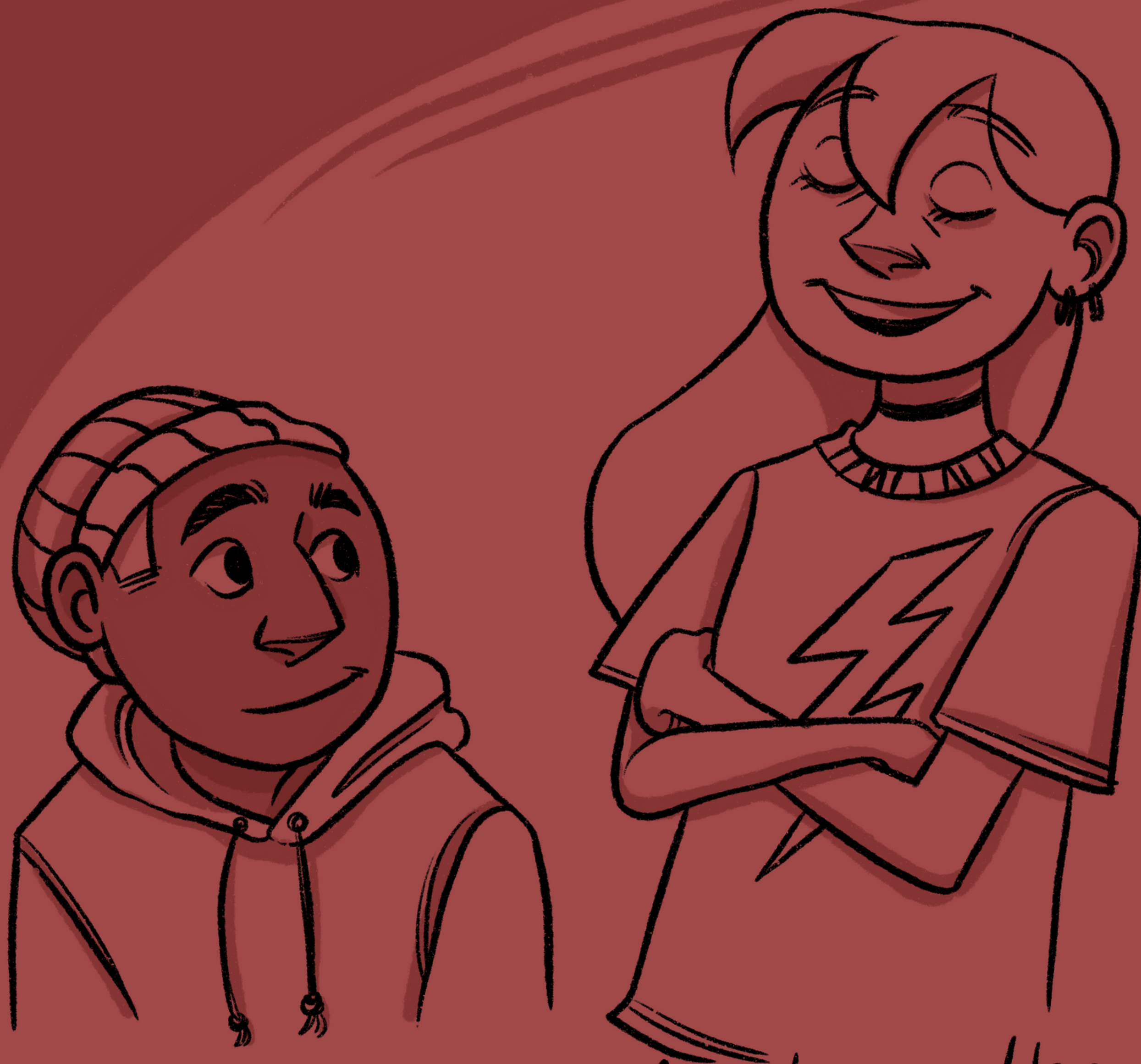


Unfortunately (or fortunately, if you want to keep your sanity), they haven't invented a way for us to read minds.





The only way to find out if
someone is mad at you
is for them to tell you.



(And if they don't, & they are actually mad? That's their issue to resolve, not yours.)

It's better for your mind + heart
to work not to assume, + to
value people's words as they are.

