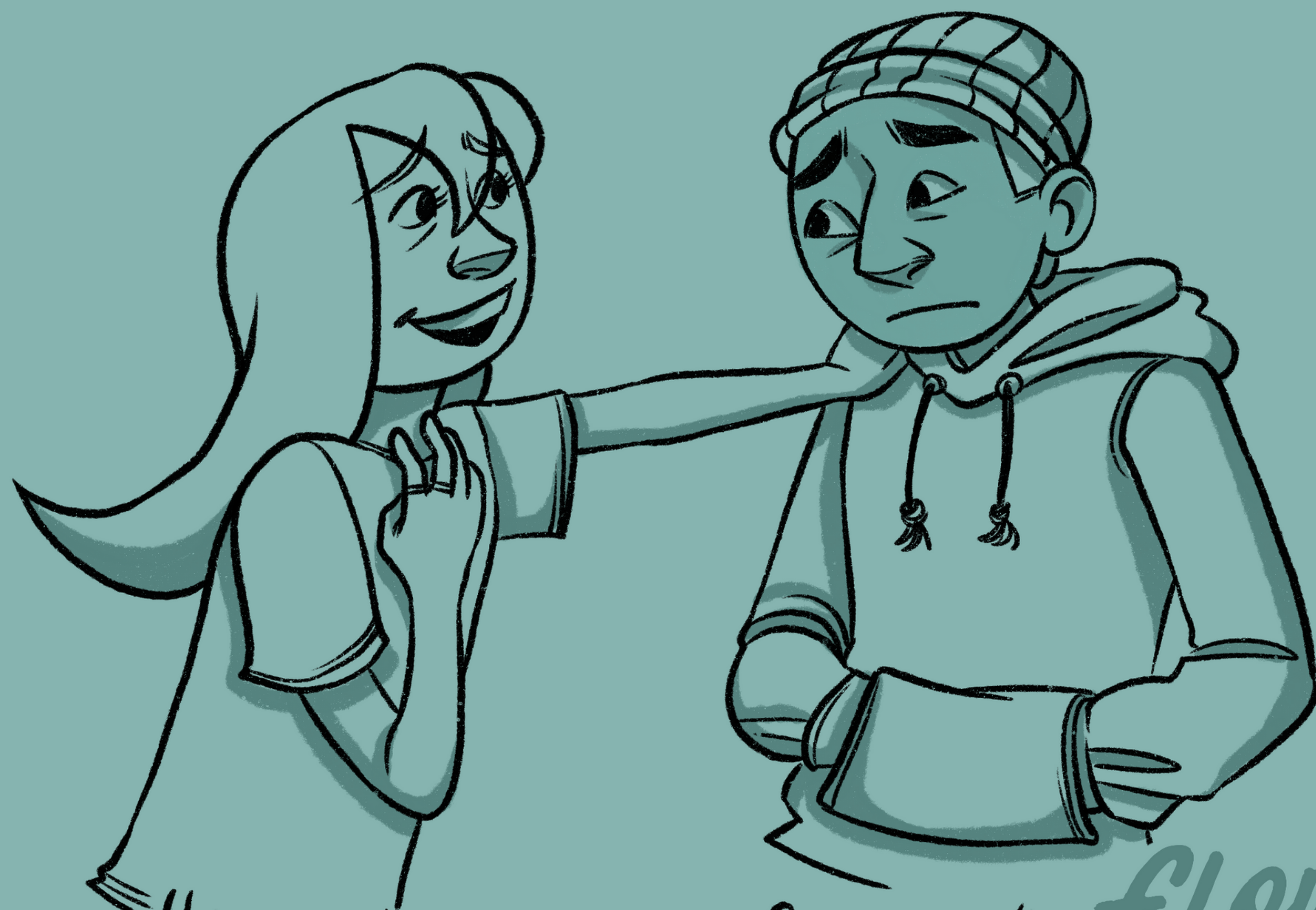


If you've ever struggled through a hard time in your life before (so, everyone), you've probably heard this:



"I'm always here for you."

*flow*

It's nice to hear, + usually you believe it in the moment.





When you find yourself back in a dark place though, the less those promises can feel real.



Here's the thing about true friends though:



They don't make empty promises.

As long

as you

let

them

in.

