

Don'tcha hate it when you get a rip in one of your favorite shirts? You could buy a new one, but it would be friendlier for the planet + your wallet to just repair it! Welcome back to **FLOW LIFE SKILLZ!!**

flow



Alright, go ahead and whip out your sewing kit because today we're gonna learn a simple whip stitch!!!



NEEDLE(S)



THREAD

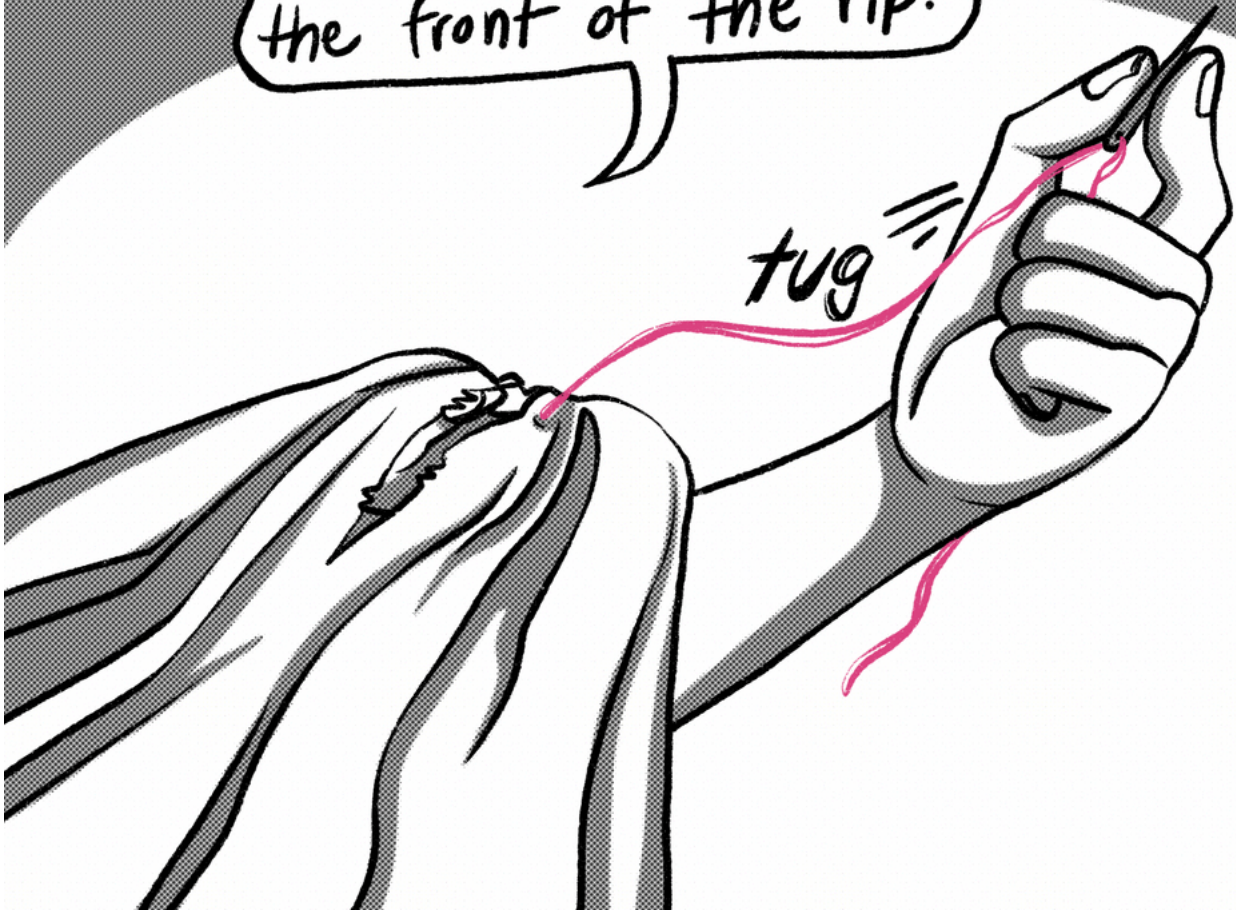


PINCUSHION
(to safely store needles while you aren't using 'em!)



First, get your thread through the top of your li'l needle, and tie a nice little knot on the end of your thread.

To get started, stab your needle through the wrong/back side of your shirt right by the front of the rip.



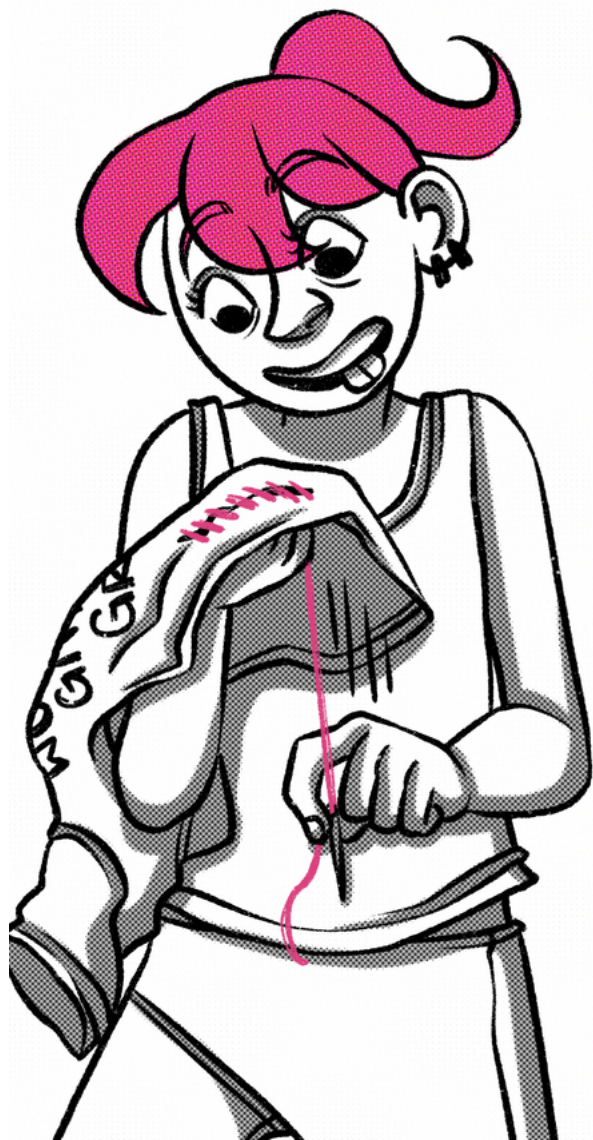


Then you just
wanna stab
your needle
through both
sides of fabric,
sorta diagonal
like this.



Keep whipping through the stitches like this, with like $\frac{1}{2}$ an inch between stitches.





Once you've got the rip all stitched up solidly, stab your needle straight through the front of your shirt & tie off a knot or two on the inside, and cut the excess string off (leaving the knot, obviously).

And voila! You've fixed your shirt!
This'll help keep it from getting worse,
and looks pretty dang cool with
the bright thread,
too.

