

It's easy to live in the delusion that
you're prepared for anything.

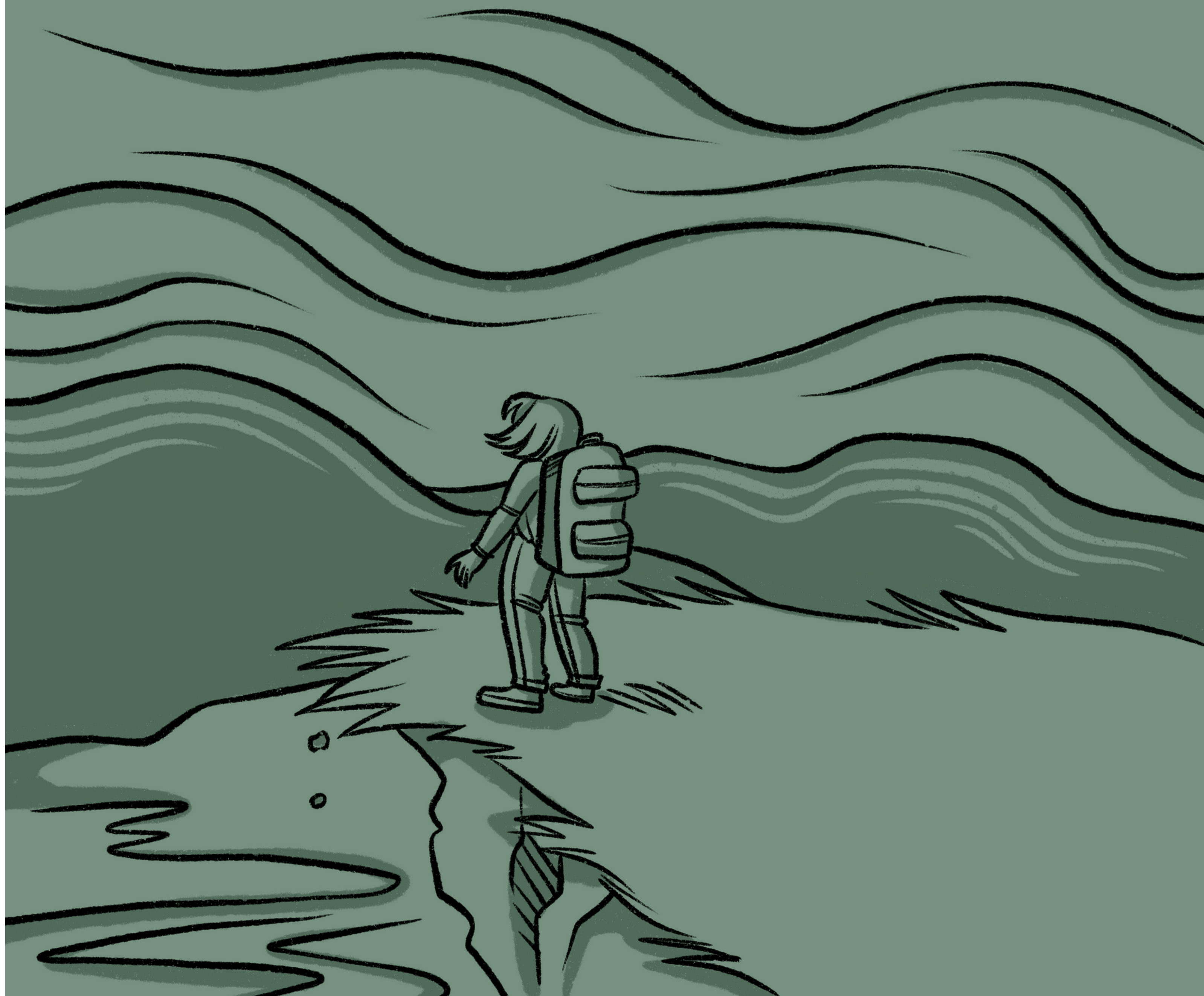


flow

i's all dotted, t's
all crossed. You've
got everything
together & you
feel safe knowing
you're ready
for whatever
might come.



You never know what's gonna happen
in the future, though.



There's something terrifying about knowing that there's nothing we can really do to be fully prepared.

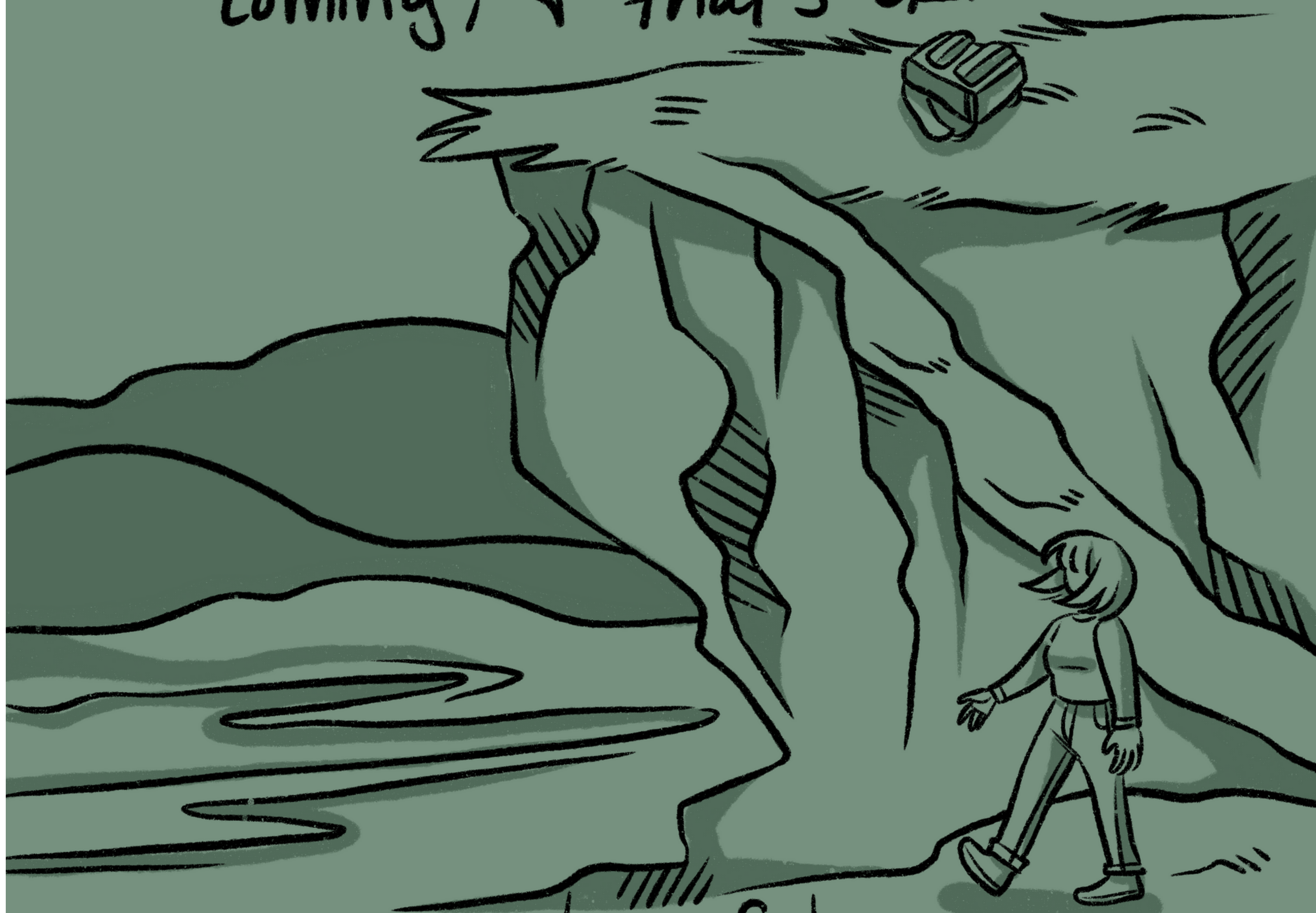


It can be pretty crippling.

The more you
make peace with
your lack of
control, though,
the more you
can actually
begin to feel
really free.

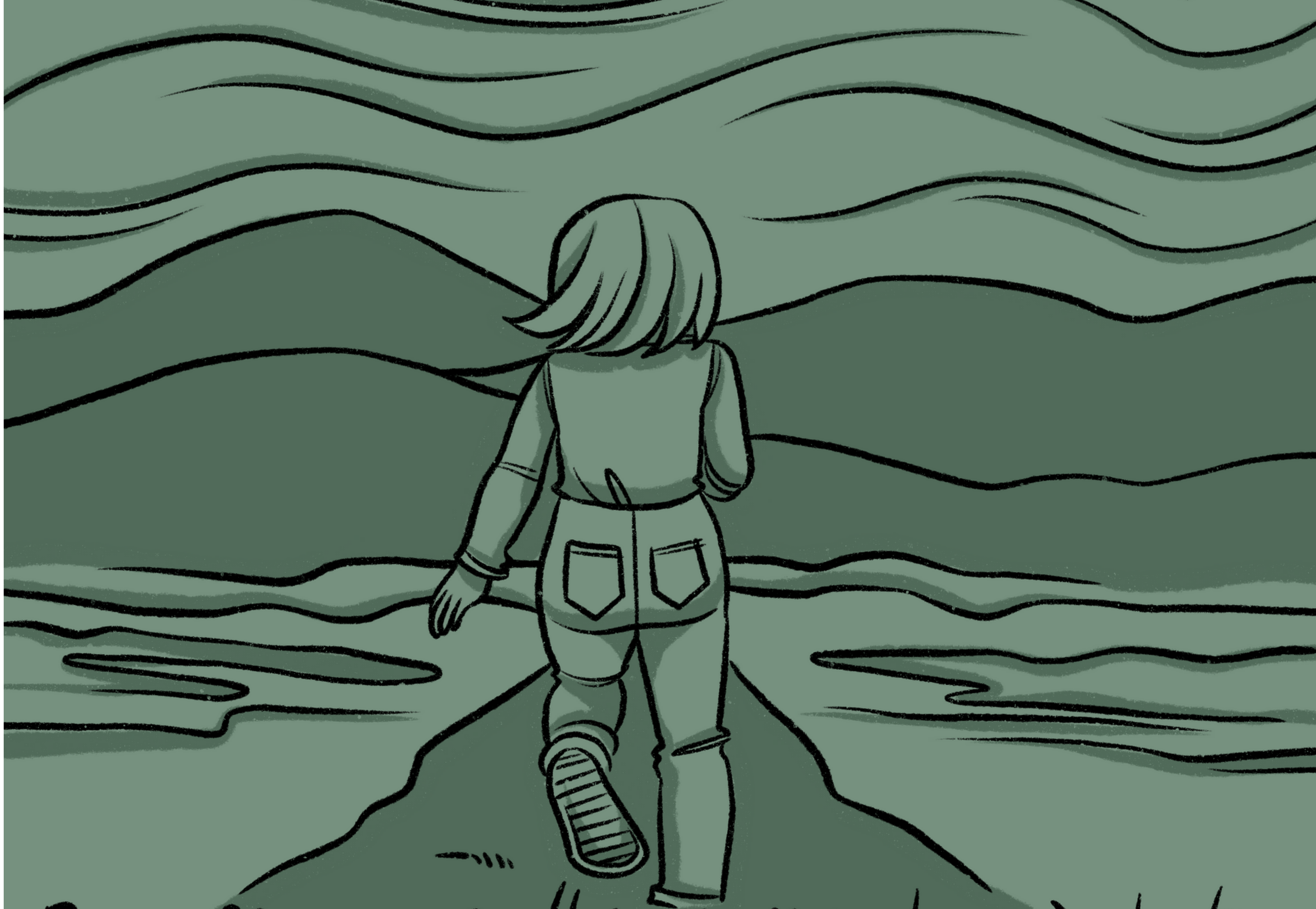


It's a daily choice - to know that you can't always predict what's coming, & that's ok.



To embrace the future as a friend you haven't met yet.

To embrace "The Unknown" & learn
how to exist there comfortably.



Because we really never know, but
that doesn't have to be a bad thing.