

flow

In a world of screens,
face to face interactions
gets harder & harder.
And manners? Forget it.
That's where **FLOW**
LIFE SKILLZ
comes in.



In any situations, talking
to adults can be weird.

(Cos like... adults
are weird, so.)



As you get older, though,
it's important to start learning
just like... basic politeness.



Here's what I
mean like that.

AFTER
YOU!



Let's start with the basics: please and thank you.

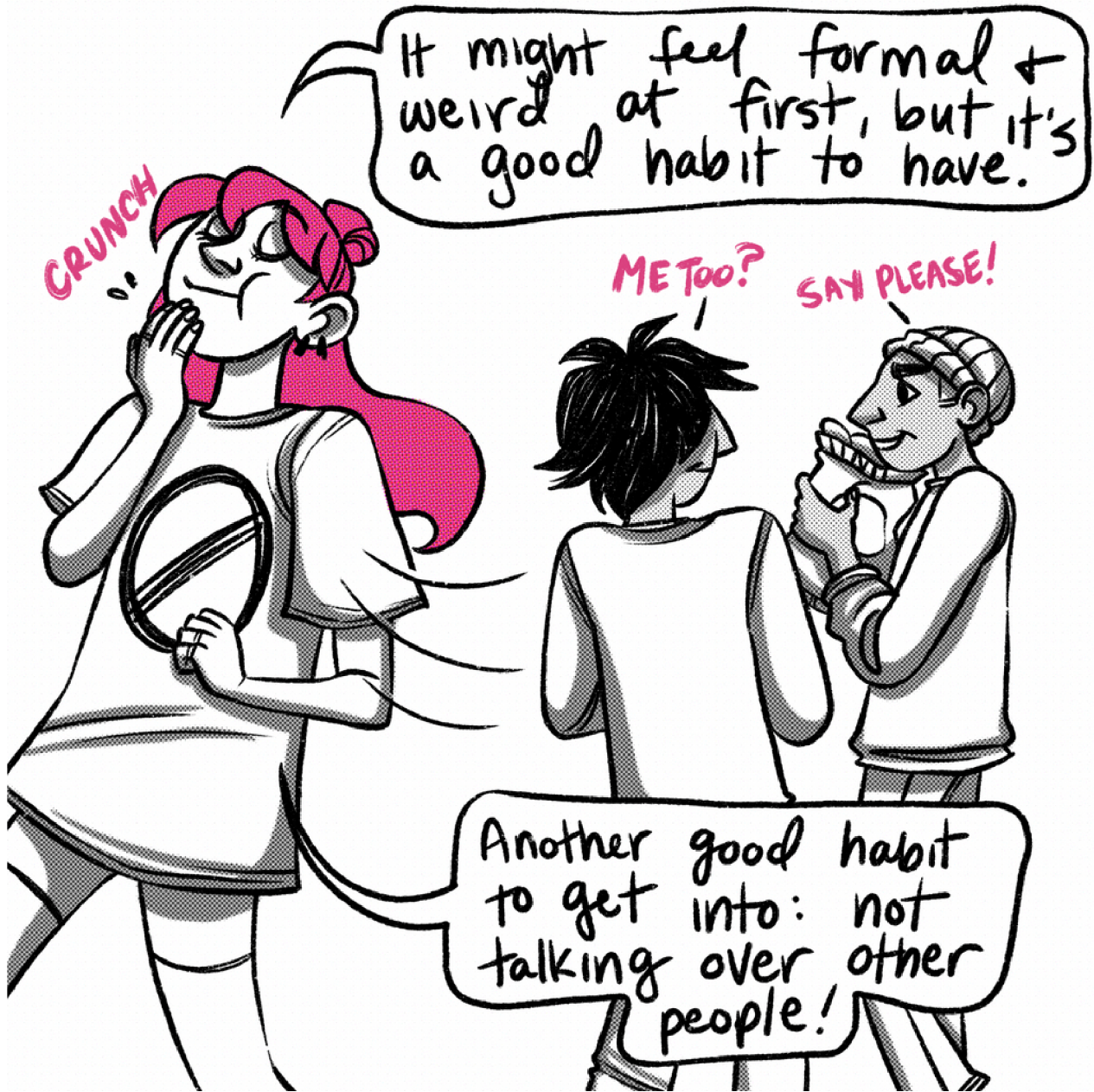
I know, I know. You all know "please + thank you." But do you use them?

PLEASE?

MHM.

THANK YOU.





It might feel formal + weird at first, but it's a good habit to have.

CRUNCH

ME TOO?

SAY PLEASE!

Another good habit to get into: not talking over other people!

I know, I know, you're super stoked about what you have to say.

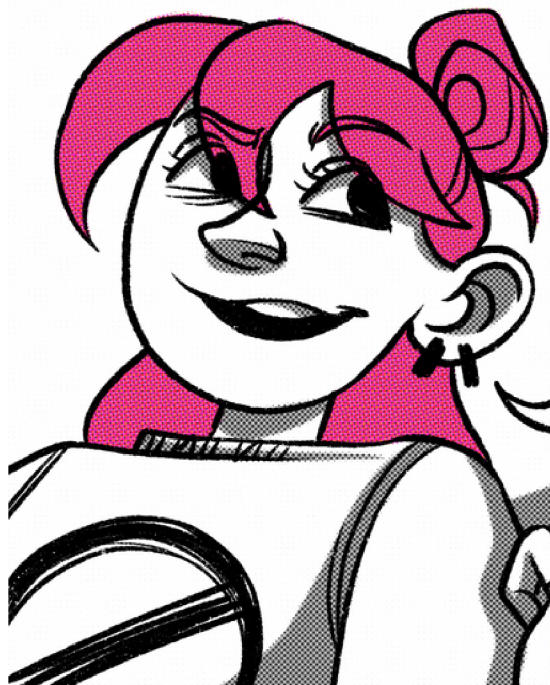
say.

BLAH

BLAH

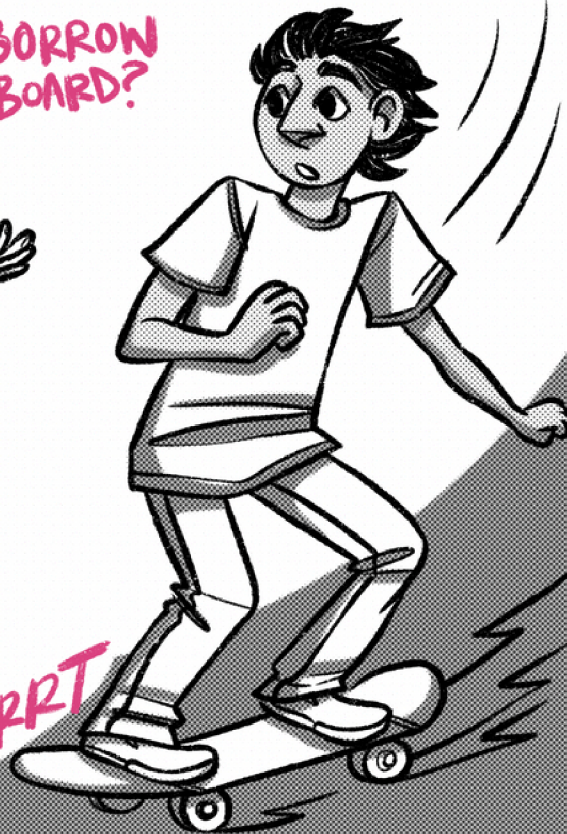
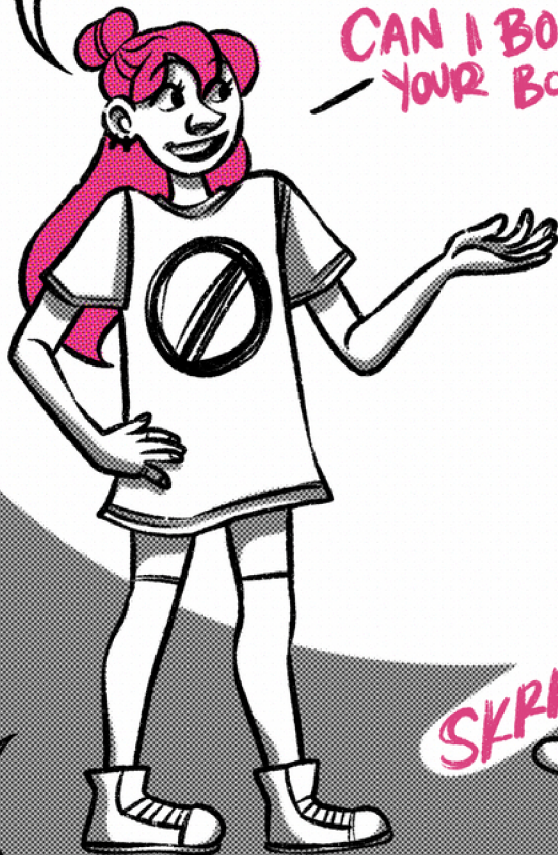


And that's awesome! But it's important to show people the same respect you'd want.



Another big one is to ask permission to touch someone else's property.

CAN I BORROW YOUR BOARD?



AND to be respectful of what they say.

If it's a no, it's a no. And that's that.

SHAKE

SHAKE

NO PROB!



Good manners may feel weird to train yourself into at first, but the more you use 'em the more it'll become natural.

